

Y4A Teachers List

| State | Name (Last, First) | Email | Website | Active Teacher | Medical Professional | Med. Prof. Designaion | Amputee |
|---|------------------------|----------------------------|---|----------------|----------------------|-----------------------|---------|
| Australia | Crowley, Angela | angela@integratedwa.com.au | | | ✓ | physio-therapist | |
| Australia Melbourne. Northern Suburbs. Kilmore Victoria | Varga, Monica | mvarga@live.com.au | | | | | |
| Australia, Melbourne | Thompson, Phoene | phoebethomson@hotmail.com | | | | | |
| AZ | Carter, Kim | kcarter444@gmail.com | | | | | |
| AZ | Heidmiller, Karensa L. | | | | | | |
| AZ | Porter, Kathy | kathy@abgwellness.com | | | | | |
| CA | Hoshizaki, Mari | mari_hoshizaki@yahoo.com | | ✓ | | | |
| Canada | Lachowich, Shanelle | shanelleshyrl@gmail.com | | ✓ | | | ✓ |
| CO | Cordonnier, Rhonda | goldenspiralyoga@gmail.com | | | | | |
| CO | Kaplan, Rachel | Mothershipyoga@gmail.com | https://guidedbyhumanity.org | ✓ | | | |
| CO | Pickerell, Candi | CPICKERELL2@msn.com | | | | | |
| CO | Sims, Mary Medellin | mary@guidedbyhumanity.org | https://guidedbyhumanity.org | ✓ | | | |
| CT | Mangiafico, Ellen A. | | | | | | |
| DC, MD, VA | Sawhney, Hiya | sawhneyhi3@gmail.com | | ✓ | | | |
| DC, MD, VA | Holtschneider, Lynda | PuraVida.Lynda@gmail.com | puravidayogaintegrativewellness.com | ✓ | | | |
| DC, MD, VA | Maliner, Beverly | bimaliner@gmail.com | | ✓ | | | |
| DC, MD, VA | Wilt, Beth | bdwilt@gmail.com | https://bodygrace.com/ | ✓ | | | |

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| DC, MD, VA | Armbrust, Breanne Jaya | bripatten@gmail.com | | | | | |
| DC, MD, VA | Bahe, Michelle | michellembahe@gmail.com | | | | | |
| DC, MD, VA | Bowes, Debra | dbowes1@chevyCHASEbio.com | | ✓ | | | |
| DC, MD, VA | Sullivan, Anna Allen | anna4yoga1@aol.com | | | | | |
| DC, MD, VA | Harrington, Larisa | larisaharrington@yahoo.com | | | | | |
| DC, MD, VA | Hinchey, Jennifer | hinchje@yahoo.com | | | | | |
| DC, MD, VA | Lewis, Betty | BLewis9807@aol.com | www.ywbf.org (no hyperlink) | | | | |
| DC, MD, VA | Lomax, Lucy | yogini7@mac.com | www.everpracticalyoga.com | ✓ | | | |
| DC, MD, VA | Maze, Karuna | kikikaruna@gmail.com | | | | | |
| DC, MD, VA | Shontell, Jayne | jayne.shontell@gmail.com | https://sunandmoonstudio.cowtinker.com/ | ✓ | | | |
| DC, MD, VA | Sivori, Alexandra | asivoriyoga@gmail.com | | | | | |
| DC, MD, VA | Thamer, Heather | yoga@heatherthamer.com | www.yoga.heatherthamer.com | ✓ | | | |
| FL | Hoybach, Capucine | choybach@gmail.com | | | | | |
| FL | Peabody, Bethany | bethanyinflorida@yahoo.com | | | | | |
| GA | Jacobson, Rebecca Lynn | reba_lynn01@hotmail.com | | | | | |
| HI | McGalliard, Lisa | https://embodiedholisticwellness.com/contact | http://lisamcgalliard.com/ | | | | |
| ID | Irvine, Theresa R. | theresa.irvine@gmail.com | | ✓ | | | |

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| IL | Armstrong,, Kiley | kileyarmstrong94@gmail.com | | | <input checked="" type="checkbox"/> | prosthetist, orthotist | |
| IL | Dumanian, Zari | Zaridumanian@gmail.com | | | | | |
| IL | Fish, Dana | dana@fishlawfirm.com | | | | | |
| IL | Romero, Dawn | haymand@hotmail.com | | | | | |
| Ireland Dublin | Levy, Caitriona | caitriionaleavey@eircom.net | | | | | |
| MA | Fiedler, Dieuwke M. | Popsyoga@me.com | | | | | |
| MA | Frank, Rick | rickfrank@rcn.com | | | | | |
| MA | Brunette, Celia | celia4848@comcast.net | | | | | |
| MA | Chogle, Urvashi | UCHOGLE@MGHIHP.EDU | | | | | |
| MA | Troilo, Lindsay | LTROILO@PARTNERS.ORG | | | | | |
| MA | Reilly, Penrod Sara | SPENROD@PARTNERS.ORG | | | | | |
| ME | Cobb, Suzanne | suzanne.imbruno78@hotmail.com | | | | | |
| ME | Dickey, Danielle | danielle.dickey21@gmail.com | | | | | |
| ME | Keighley, Michael | michael.keighley@gmail.com | | <input checked="" type="checkbox"/> | | | |
| MI | Duverneay, Jamie | jamie.duverneay@att.net | | | | | |
| MI | Eisenberg, Mindy | mindy@yogamovesms.org | | | | | |
| MI | Steele, Allison | | | | | | |

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| NC | Brueckmann, Robin | chiri302@hotmail.com | | ✓ | | | ✓ |
| NC | Tressa, Krezner | lovingkindnessreiki@gmail.com | | | | | |
| NC | Waldron, Robin | robinwaldron@triad.rr.com | | | | | |
| NJ | Diddell, Julia | juliediddell@yahoo.com | | | | | |
| NM | Parkinson, Linda | parkinson3@juno.com | | | | | |
| NYC | Palma, Nicole | npalma83@gmail.com | | | | | |
| NYC | Dessommes, Kate | kate@portlandyoga.org | | | | | |
| OH | Emerson, Jeff | jeff@emersonappraisals.com | | | | | |
| OH Columbus | Waugh Brinkley, Michelle | michellewbrinkley@yahoo.com | www.mwbyoga.com | ✓ | | | |
| OR | Aimone, Sarah | sarahaimone@gmail.com | | | | | |
| OR | Baun, Kerstin Sabine | kbaun@armdynamics.com | www.armdynamics.com | | | | |
| OR | Steiner, Liesa | liesa.steiner@gmail.com | | | | | |
| OR | Sutherland, Catharine | dancingtreesyoga@yahoo.com | | | | | |
| PA | Garney, Eileen | ecbell11@yahoo.com | | ✓ | | | ✓ |
| Philippines | Tripon-Manguiat, Mariel | mariel3pon@gmail.com | | | | | |
| Russia | Ciccone, Sabina | sabinaspitschan@hotmail.com | www.yogamovesms.org | | | | |
| SC | Ashley, Beth | bethaashley@gmail.com | | ✓ | | | |

