

Y4A Teachers List

State	Name (Last, First)	Email	Website	Active Teacher	Medical Professional	Med. Prof. Designaion	Amputee	new stuff
AZ	Carter, Kim	kcarter444@gmail.com						x
AZ	Heidmiller, Karensa L.							x
AZ	Porter, Kathy	kathy@abgwellness.com						x
CA	Hoshizaki, Mari	mari_hoshizaki@yahoo.com		✓				
CO	Cordonnier, Rhonda	goldenspiralyoga@gmail.com						
CO	Kaplan, Rachel	Mothershipyoga@gmail.com	https://guidedbyhumanity.org	✓				
CO	Pickerell, Candi	CPICKERELL2@msn.com						
CO	Sims, Mary Medellin	mary@guidedbyhumanity.org	https://guidedbyhumanity.org	✓				
CT	Mangiafico, Ellen A.							
DC, MD, VA	Sawhney, Hiya	sawhneyhi3@gmail.com		✓				
DC, MD, VA	Holt Schneider, Lynda	PuraVida.Lynda@gmail.com	puravidayogaintegrativewellness.com	✓				
DC, MD, VA	Maliner, Beverly	bimaliner@gmail.com		✓				
DC, MD, VA	Wilt, Beth	bdwilt@gmail.com	https://bodygrace.com/	✓				
DC, MD, VA	Armbrust, Breanne Jaya	bripatten@gmail.com						
DC, MD, VA	Bahe, Michelle	michellembahe@gmail.com						
DC, MD, VA	Bowes, Debra	dbowes1@chevy Chasebio.com		✓				
DC, MD, VA	Sullivan, Anna Allen	anna4yoga1@aol.com						

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DC, MD, VA	Harrington, Larisa	larisaharrington@yahoo.com						
DC, MD, VA	Hinchey, Jennifer	hinchje@yahoo.com						
DC, MD, VA	Lewis, Betty	BLewis9807@aol.com	www.ywbf.org (no hyperlink)					
DC, MD, VA	Lomax, Lucy	yogini7@mac.com	www.everpracticalyoga.com	✓				
DC, MD, VA	Maze, Karuna	kikikaruna@gmail.com						
DC, MD, VA	Shontell, Jayne	jayne.shontell@gmail.com	https://sunandmoonstudio.cowtinker.com/	✓				
DC, MD, VA	Sivori, Alexandra	asivoriyoga@gmail.com						
DC, MD, VA	Thamer, Heather	yoga@heatherthamer.com	www.yoga.heatherthamer.com	✓				
FL	Hoybach, Capucine	choybach@gmail.com						
FL	Peabody, Bethany	bethanyinflorida@yahoo.com						
GA	Jacobson, Rebecca Lynn	reba_lynn01@hotmail.com						
HI	McGalliard, Lisa	https://embodiedholisticwellness.com/contact	http://lisamcgalliard.com/					
IL	Armstrong,, Kiley	kileyarmstrong94@gmail.com			✓	prosthetist, orthotist		
IL	Dumanian, Zari	Zaridumanian@gmail.com						
IL	Fish, Dana	dana@fishlawfirm.com						
IL	Romero, Dawn	haymand@hotmail.com						
MA	Fiedler, Dieuwke M.	Popsyoga@me.com						

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MA	Frank, Rick	rickfrank@rcn.com						
MA	Brunette, Celia	celia4848@comcast.net						
MA	Chogle, Urvashi	UCHOGLE@MGHIHP.EDU						
MA	Troilo, Lindsay	LTROILO@PARTNERS.ORG						
MA	Reilly, Penrod Sara	SPENROD@PARTNERS.ORG						
ME	Cobb, Suzanne	suzanne.imbruno78@hotmail.com						
ME	Dickey, Danielle	danielle.dickey21@gmail.com						
ME	Keighley, Michael	michael.keighley@gmail.com		✓				
MI	Duverneay, Jamie	jamie.duverneay@att.net						
MI	Eisenberg, Mindy	mindy@yogamovesms.org						
MI	Steele, Allison							
NC	Brueckmann, Robin	chiri302@hotmail.com		✓			✓	
NC	Tressa, Krezner	lovingkindnessreiki@gmail.com						
NC	Waldron, Robin	robinwaldron@triad.rr.com						
NJ	Diddell, Julia	juliediddell@yahoo.com						
NM	Parkinson, Linda	parkinson3@juno.com						
NYC	Palma, Nicole	npalma83@gmail.com						

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NYC	Dessommes, Kate	kate@portlandyoga.org						
OH	Emerson, Jeff	jeff@emersonappraisals.com						
OH Columbus	Waugh Brinkley, Michelle	michellewbrinkley@yahoo.com	www.mwbyoga.com	✓				
OR	Aimone, Sarah	sarahaimone@gmail.com						
OR	Baun, Kerstin Sabine	kbaun@armdynamics.com	www.armdynamics.com					
OR	Irvine, Theresa R.	theresa.irvine@gmail.com						
OR	Steiner, Liesa	liesa.steiner@gmail.com						
OR	Sutherland, Catharine	dancingtreesyoga@yahoo.com						
PA	Garney, Eileen	ecbell11@yahoo.com		✓			✓	
SC	Ashley, Beth	bethaashley@gmail.com		✓				
TX	Kaplan, Sherry Lynn	sherrylynk@gmail.com	www.sherrylynkaplan.com					
TX	Spradlin, Ashley	Spradlin.ashley@gmail.com						
VA	Peppers, Marilyn	youdowellness@gmail.com		✓				
VA	Patten, Brianna	bripatten@gmail.com						
WA	Cooper, Dr. Nathalie	coopernr@hotmail.com						
WA	Fournier, Julie	uthanayoga@gmail.com	www.juliefournieryoga.com	✓				
WA	Martinez, Jeni	jeni@threetreesyoga.com	www.threetreesyoga.com					

