

## Y4A Teachers List

State	Name (Last, First)	Email	Website	Active Teacher	Medical Professional	Med. Prof. Designaion	Amputee
AZ	Carter, Kim	kcarter444@gmail.com	www.RestoringBalanceAZ.com				
AZ	Heidmiller, Karensa L.		www.seekingserenity.me				
AZ	Porter, Kathy	kathy@abgwellness.com					
CA	Hoshizaki, Mari	mari_hoshizaki@yahoo.com		✓			
CO	Cordonnier, Rhonda	goldenspiralyoga@gmail.com					
CO	Kaplan, Rachel	Mothershipyoga@gmail.com	www.goldenspiralyoga.us	✓			
CO	Pickerell, Candi	CPICKERELL2@msn.com					
CO	Sims, Mary Medellin	mary@guidedbyhumanity.org		✓			
CT	Mangiafico, Ellen A.						
DC, MD, VA	Holtzschneider, Lynda	PuraVida.Lynda@gmail.com	puravidayogaintegrativewellness.com	✓			
DC, MD, VA	Maliner, Beverly	bimaliner@gmail.com		✓			
DC, MD, VA	Wilt, Beth	bdwilt@gmail.com		✓			
DC, MD, VA	Armbrust, Breanne Jaya	bripatten@gmail.com					
DC, MD, VA	Bahe, Michelle	michellembahe@gmail.com					
DC, MD, VA	Bowes, Debra	dbowes1@chevy Chasebio.com		✓			
DC, MD, VA	Sullivan, Anna Allen	anna4yoga1@aol.com					
DC, MD, VA	Harrington, Larisa	larisaharrington@yahoo.com					

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DC, MD, VA	Hinchey, Jennifer	hinchje@yahoo.com					
DC, MD, VA	Lewis, Betty	BLewis9807@aol.com					
DC, MD, VA	Lomax, Lucy	yogini7@mac.com	<a href="http://www.everpracticalyoga.com">www.everpracticalyoga.com</a>	✓			
DC, MD, VA	Maze, Karuna	kikikaruna@gmail.com					
DC, MD, VA	Shontell, Jayne	jayne.shontell@gmail.com		✓			
DC, MD, VA	Sivori, Alexandra	asivoriyoga@gmail.com					
DC, MD, VA	Thamer, Heather	yoga@heatherthamer.com	<a href="http://www.yoga.heatherthamer.com">www.yoga.heatherthamer.com</a>	✓			
FL	Hoybach, Capucine						
FL	Peabody, Bethany		choybach@gmail.com				
GA	Jacobson, Rebecca Lynn	reba_lynn01@hotmail.com	ellenanneyoga.com				
HI	McGalliard, Lisa		<a href="http://lisamcgalliard.com/">http://lisamcgalliard.com/</a>				
IL	Armstrong,, Kiley	kileyarmstrong94@gmail.com			✓	prosthetist, orthotist	
IL	Dumanian, Zari	Zaridumanian@gmail.com					
IL	Fish, Dana	dana@fishlawfirm.com	coyoteomyoga.com				
IL	Romero, Dawn	haymand@hotmail.com					
MA	Fiedler, Dieuwke M.	Popsyoga@me.com	www.Popsyoga.com				
MA	Frank, Rick	rickfrank@rcn.com					

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MA	Brunette, Celia	celia4848@comcast.net					
MA	Chogle, Urvashi	UCHOGLE@MGHIHP.EDU					
MA	Troilo, Lindsay	LTROILO@PARTNERS.ORG					
MA	Reilly, Penrod Sara	SPENROD@PARTNERS.ORG					
ME	Cobb, Suzanne	suzanne.imbruno78@hotmail.com					
ME	Dickey, Danielle	danielle.dickey21@gmail.com					
ME	Keighley, Michael	michael.keighley@gmail.com		✓			
MI	Duverneay, Jamie	jamie.duverneay@att.net					
MI	Eisenberg, Mindy	mindy@yogamovesms.org	Yoga With Betty and Friends YWBF.com				
MI	Steele, Allison						
NC	Brueckmann, Robin	chiri302@hotmail.com		✓			✓
NC	Tressa, Krezner	lovingkindnessreiki@gmail.com	<a href="https://www.sherrylynkaplan.com/">https://www.sherrylynkaplan.com/</a>				
NC	Waldron, Robin	robinwaldron@triad.rr.com					
NJ	Diddell, Julia	juliediddell@yahoo.com					
NM	Parkinson, Linda	parkinson3@juno.com					
NYC	Palma, Nicole	npalma83@gmail.com					
NYC	Dessommes, Kate	kate@portlandyoga.org	www.portlandyoga.org				

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OH	Emerson, Jeff	jeff@emersonappraisals.com					
OH Columbus	Waugh Brinkley, Michelle	michellewbrinkley@yahoo.com	www.mwbyoga.com	✓			
OR	Aimone, Sarah	sarahaimone@gmail.com					
OR	Baun, Kerstin Sabine	kbaun@armdynamics.com	www.armdynamics.com				
OR	Irvine, Theresa R.	theresa.irvine@gmail.com	www.yourwellbeingyoga.com				
OR	Steiner, Liesa	liesa.steiner@gmail.com					
OR	Sutherland, Catharine	dancingtreesyoga@yahoo.com					
PA	Garney, Eileen	ecbell11@yahoo.com		✓			✓
SC	Ashley, Beth	bethaashley@gmail.com		✓			
TX	Kaplan, Sherry Lynn	sherrylynk@gmail.com					
TX	Spradlin, Ashley	Spradlin.ashley@gmail.com					
VA	Peppers, Marilyn	youdowellness@gmail.com		✓			
VA	Patten, Brianna	bripatten@gmail.com					
WA	Cooper, Dr. Nathalie	coopernr@hotmail.com					
WA	Fournier, Julie	uthanayoga@gmail.com		✓			
WA	Martinez, Jeni	jeni@threetreesyoga.com	www.threetreesyoga.com				
WVA	Hayes, Tina	4ecohealth@gmail.com					

