

Y4A Teachers List

State	Name (Last, First)	Email	Website	Active Teacher	Other Professional Designation	Amputee
AL	Taft, Tiffany	info@sacredsoulwellness.org		☑		
Australia	Crowley, Angela	angela@integratedwa.com.au			physiotherapist	
Australia Melbourne. Northern Suburbs. Kilmore Victoria	Varga, Monica	mvarga@live.com.au				
Australia, Melbourne	Thompson, Phoene	phoebethomson@hotmail.com				
AZ	Carter, Kim	kcarter444@gmail.com				
AZ	Martinez, Leslie	martinezleslie0812@gmail.com			Resident Prosthetist, Orthotist	
AZ	Heidmiller, Karensa L.					
AZ	Porter, Kathy	kathy@abgwellness.com				
CA	Hoshizaki, Mari	mari_hoshizaki@yahoo.com		☑		
CA	Suy, Kanica	kanicasuy@icloud.com		☑		
Canada	Lachowich, Shanelle	shanelleshyrl@gmail.com		☑		☑
CO	Cordonnier, Rhonda	goldenspiralyoga@gmail.com				
CO	Kaplan, Rachel	Mothershipyoga@gmail.com	https://guidedbyhumanity.org	☑		
CO	Pickerell, Candi	CPICKERELL2@msn.com				
CO	Sims, Mary Medellin	mary@guidedbyhumanity.org	https://guidedbyhumanity.org	☑		
CT	Mangiafico, Ellen A.					

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DC, MD, VA	Sawhney, Hiya	sawhneyhi3@gmail.com		☑		
DC, MD, VA	Holtzschneider, Lynda	PuraVida.Lynda@gmail.com	puravidayogaintegrativewellness.com	☑		
DC, MD, VA	Maliner, Beverly	bimaliner@gmail.com		☑		
DC, MD, VA	Wilt, Beth	bdwilt@gmail.com	https://bodygrace.com/	☑		
DC, MD, VA	Varipapa, Michelle	michelle@varipapa.com		☑		
DC, MD, VA	Armbrust, Breanne Jaya	bripatten@gmail.com				
DC, MD, VA	Bahe, Michelle	michellembahe@gmail.com				
DC, MD, VA	Bowes, Debra	dbowes1@chevyCHASEbio.com		☑		
DC, MD, VA	Sullivan, Anna Allen	anna4yoga1@aol.com				
DC, MD, VA	Harrington, Larisa	larisaharrington@yahoo.com				
DC, MD, VA	Hinchey, Jennifer	hinchje@yahoo.com				
DC, MD, VA	Lewis, Betty	BLewis9807@aol.com	www.ywbf.org (no hyperlink)			
DC, MD, VA	Lomax, Lucy	yogini7@mac.com	www.everpracticalyoga.com	☑		
DC, MD, VA	Maze, Karuna	kikikaruna@gmail.com				
DC, MD, VA	Shontell, Jayne	jayne.shontell@gmail.com	https://sunandmoonstudio.cowtinker.com/	☑		
DC, MD, VA	Sivori, Alexandra	asivoriyoga@gmail.com				

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DC, MD, VA	Thamer, Heather	yoga@heatherthamer.com	www.yoga.heatherthamer.com	☑		
DC, MD, VA	Woodson, Kris	fivewoodsons@gmail.com		☑		
DC, MD, VA	Iammatteo, Patty	patty@pattIAMmatteo.com		☑		
DC, MD, VA	Dwyer, Susan	dwyer@umd.edu		☑		
DC, MD, VA	Perritt, Karen	dirtrailortoise@yahoo.com		☑		
DC, MD, VA	Clermont, Regine	aginggracefully.health@gmail.com		☑		
DC, MD, VA	Szulczewski, Michelle	yogapugs19@gmail.com		☑		
DC, MD, VA	Safeer, Beth	bethsafeer@gmail.com		☑		
DC, MD, VA	Randle, Jennifer	jenrandleyoga@gmail.com		☑		
FL	Hoybach, Capucine	choybach@gmail.com				
FL	Peabody, Bethany	bethanyinflorida@yahoo.com				
GA	Jacobson, Rebecca Lynn	reba_lynn01@hotmail.com				
GA	Phelps, Susan	susanmphelps@gmail.com			OT	☑
HI	McGalliard, Lisa	https://embodiedholisticwellness.com/contact	http://lisamcgalliard.com/			
ID	Irvine, Theresa R.	theresa.irvine@gmail.com		☑		
IL	Armstrong,, Kiley	kileyarmstrong94@gmail.com			prosthetist, orthotist	

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IL	Romero, Dawn	haymand@hotmail.com				
IL	Dumanian, Zari	Zaridumanian@gmail.com				
IL	Fish, Dana	dana@fishlawfirm.com				
Ireland Dublin	Levy, Caitriona	caitrionaleavey@eircom.net				
MA	Fiedler, Dieuwke M.	Popsyoga@me.com				
MA	Frank, Rick	rickfrank@rcn.com				
MA	Reilly, Penrod Sara	SPENROD@PARTNERS.ORG				
MA	Brunette, Celia	celia4848@comcast.net				
MA	Chogle, Urvashi	UCHOGLE@MGHIHP.EDU				
MA	Troilo, Lindsay	LTROILO@PARTNERS.ORG				
ME	Cobb, Suzanne	suzanne.imbruno78@hotmail.com				
ME	Dickey, Danielle	danielle.dickey21@gmail.com				
ME	Keighley, Michael	michael.keighley@gmail.com		☑		
MI	Duverneay, Jamie	jamie.duverneay@att.net				
MI	Eisenberg, Mindy	mindy@yogamovesms.org				
MI	Steele, Allison					

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NC	Brueckmann, Robin	chiri302@hotmail.com		☑		☑
NC	Tressa, Krezner	lovingkindnessreiki@gmail.com				
NC	Waldron, Robin	robinwaldron@triad.rr.com				
NC	Kiser, Valerie	valeriekkiser@gmail.com		☑		
NH/MD	Shell, Marcia	k4ota12762@gmail.com	TheHumbleWarriorYogi.com	☑		
NJ	Diddell, Julia	juliediddell@yahoo.com				
NM	Parkinson, Linda	parkinson3@juno.com				
NV	Brown, Shamar	bshamar@yahoo.com			Fitness professional	☑
NYC	Dessommes, Kate	kate@portlandyoga.org				
NYC	Palma, Nicole	npalma83@gmail.com				
OH Columbus	Waugh Brinkley, Michelle	michellewbrinkley@yahoo.com	www.mwbyoga.com	☑		
OH	Emerson, Jeff	jeff@emersonappraisals.com				
OR	Aimone, Sarah	sarahaimone@gmail.com				
OR	Baun, Kerstin Sabine	kbaun@armdynamics.com	www.armdynamics.com			
OR	Steiner, Liesa	liesa.steiner@gmail.com				
OR	Sutherland, Catharine	dancingtreesyoga@yahoo.com				

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PA	Garney, Eileen	ecbell11@yahoo.com		☑		☑
Philippines	Tripon-Manguiat, Mariel	mariel3pon@gmail.com				
Russia	Cicccone, Sabina	sabinaspitschan@hotmail.com	www.yogamovesms.org			
SC	Ashley, Beth	bethaashley@gmail.com		☑		